

# Lunch Menu

## Sandwiches

BLT or Vegan VLT	8.95
Tuna Mayonnaise	7.95
Falafel & Mango chutney	
& Mint yoghurt (v)	8.95
Chicken Mayo & Salad	8.95
Vegan Ploughman's	8.95

Available on brown or white bread, soft tortilla wrap or Ciabatta Gluten Free Bread or Wraps also available

All Served with a dressed side salad & tortilla

### Jacket Potato

Prawn cocktail	9.95
Tuna	9.95
Cheese & Beans (V)	7.95
Plain With Butter	6.95
Chilli Con Carne	9.95
Bean Chilli (VE)	9.95

All served with butter & a dressed side salad

# Something A Bit More

#### Fish & Chips

Simple classic battered cod

Served with chips & your choice of peas, mushy peas or salad

#### Scampi & chips

9 pices of breaded scampi

Served with chips & your choice of peas, mushy peas or salad

#### **Chicken Goujons**

Southern Fried chicken strips

Served with chips & your choice of peas, mushy peas or salad

#### Mediterranean Tart

A Vegan Mediterranean Tart Served with new potatoes & dressed salad

#### Ham, Eggs & Chips

Classic cooked ham Served with chips, free range eggs & peas

#### Chilli Con Carne

Not too spicy Chilli

Served with rice, tortilla chips, guacamole & sour cream dip

#### Sausage & mash

Or Bangers & mash call it what you want This is a lovely Cumberland sausage with simple mash, peas & gravy

### To Keep Things Even More Simple Each Dish Is £11.50